Welcome to our presentation of Swedish cohousing experiences!

Snapshots from our history

- Equality between men and women has been a major aim of the Swedish cohousing models. Common meals and other services were designed to reduce the burden of housework to make it possible to combine gainful employment with family life.

- From the 1930s to the 1970s seventeen collective houses were built according to a model based on services through employed staff.

- From 1980 this model was replaced by a model based on the residents’ own work. Fifty such units were built in the 1980s.

The book where the new self-work model was presented 1982.
In the Swedish context, ’cohousing’ covers

• full-fledged collectives (mainly urban, a few rural)
• eco-villages; normally separate dwellings united in eco-schemes
• collective houses, designed to combine fully equipped private apartments with collective living space

In total, these make up only a minute fraction of the housing market. The umbrella organization Kollektivhus NU strives to inform the public about the advantages of cohousing and create a more visible consumer demand, and to stimulate housing companies to see cohousing as a viable alternative.
Today, there are around 44 functioning collective houses – as recorded by the umbrella organization Kollektivhus NU, and they –

• have, and make use of, space and equipment for collective cooking and joint meals, with responsibility for cooking shared between their members,

• collectively manage a variety of other joint amenities such as guestroom(s), washing machines, living room, media (journals, TV, computers), workshop, sauna etc.
These collective houses

- were mainly created during the 1980s, with a new wave beginning in the late 90s
- are located in urban areas
- are by and large new housing units, built by housing companies, most of them municipal companies (parastatals)
- represent most forms of occupation: individual tenancy (most frequent solution), cooperative tenancy, and cooperative ownership
- vary greatly in size, from less than 10 to more than 180 flats (i.e. households)
- vary in degree of collective organization (though all have collective space in addition to the private flats)
During the 1990s, a collective house form designed for ‘the second half of life’ came to life

- This version was designed to serve the needs of people in the second half of life – 40 years or older, with no children in the household. It attracts not least senior citizens who prefer a moderate level of collectivity.

- Of the 44 collective houses, 8 belong to this category, and more are to come. Politicians see them as an answer to the ‘aging’ of the population and senior citizens’ needs for togetherness and security.
Cohousing units in Sweden

Most of the cohouses are found in Stockholm, Göteborg and Lund-Malmö and a few other university cities.

- **Rental**
- **Condominiums**
- **Cooperativ rental**
- **Planned units**
Common to the Swedish collective houses are

• that they are run by municipal housing companies in collaboration with a residents' organisation with an elected board, regular meetings and democratic decision-making processes

• that in most of them, the residents have entered agreements to share – irrespective of sex – defined common tasks such as cooking, cleaning and administration

• that joint meals are offered between one and seven days a week.
No victory is certain! Challenges faced by the collective houses are:

- That, in relation to the landlord, cohousing tenants succeed in maintaining a degree of control over the selection of new tenants
- That the landlord is made to understand and support the needs linked to this form of tenancy
- That, in the case of private or cooperate ownership, the collective house can establish and successfully defend its character in the face of market competition for urban housing
How do we ensure that progress is secured?

- by influencing public opinion to see and realize that cohousing generally enables a freedom of choice that does not exist in conventional housing, a kind of luxury living that offers many spatial and social possibilities.

- by making politicians, technicians and managers of housing companies accept the social and practical values of collective houses, in particular for single parents, families with children and senior people.